

**LIVE
HEALTHY
STAY
HEALTHY**



In the  of Fruita



2017 ANNUAL REPORT

A MESSAGE FROM THE PRESIDENT/CEO

As I reflect on 2017, my mind is drawn to many highlights that have advanced our abilities at Family Health West and directly impacted our community for the better. From expanding our hospital and adding new healthcare services to partnering with Fruita-based nonprofits and the City of Fruita, Family Health West genuinely supports the growing needs of this community.

Our goal is to be your go-to healthcare provider by remaining a compassionate and cost-effective Fruita-based nonprofit, all while offering only the latest advancements and technologies in health care. We want to ensure that we offer nothing but the best to you and your loved ones. I'm happy to say that I can look back on 2017 and see that we, at Family Health West, have achieved that goal in many ways.

Please enjoy our 2017 Annual Report. In this report, you will see many of the highlights that come to my mind when looking back on the year. Thank you for another great year as a supporter of this incredible organization. You will always remain at the forefront of each decision we make, because we know Family Health West wouldn't be the organization it is today without you.



In Good Health,

Mark J. Francis
President/CEO

MISSION: Family Health West is a Fruita-based, non-profit organization dedicated to providing compassionate, cost-effective, high-value health care which enhances the quality of life for our community.

VISION: Family Health West will be: The best place to receive care. The best place to practice medicine. The best place to work.

VALUE: As a team member of the FHW family, I am dedicated to enriching lives and providing a safe healing environment as outlined in our 7 Monuments of Performance Excellence.

2017 BOARD OF TRUSTEES



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EXECUTIVE STAFF



Barbara Law
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Administrative Services,
Executive Assistant



Jason Davis
Executive Director of
Residential Services



Stacey Mascarenas
Community
Development
Administrator



Diane Miller
Vice President
of Finance,
Chief Financial Officer



We added
**Monument Orthopedics
& Sports Trauma**, and welcomed
Peter Scheffel, MD, and his team



Go Baby Go

After raising \$3,000, our
Pediatric Rehabilitation team
and CMU Society of Women
Engineers adapted ride-on
toy cars for six children with
disabilities



We welcomed
Dr. Richard Cappiello
and Eva Cappiello,
ARNP-BC, to **Arthritis
Center of Western
Colorado**

2017 AT A GLANCE

January



February



March



April



May



June



In partnership with the
City of Fruita, we
hosted the 10th annual
**Sweetheart Run &
Health Expo**



The 2017
Red Baron Ball
raised \$155,000 in support
of our residential services!
Thank you to our supporters!



In partnership with Western
Valley Family Practice and
the City of Fruita, **Monument
Orthopedics & Sports Trauma**
offered their first low-cost
Sports Physical Clinic to Grand
Valley students





Celebrated the expansion of our **Adult and Pediatric Rehabilitation** outpatient services with an open house and ribbon cutting



2017 **Old Fossil Golf Tournament** benefiting the **Family Health West Foundation** and the Museums of Western Colorado



Dr. Troy Griffiths becomes the first physician in Colorado to obtain board certification from the American Board of Wound Healing and the Board of Foot and Ankle Surgery



July

August

September

October

November

December

We broke ground to celebrate the addition of 9 private rooms, an expanded pharmacy, an in-patient rehabilitation gym, a new activities room and an advanced respiratory therapy department, as well as introduced our new **Transitional Care** initiative

We welcomed Donna Neste as our new Administrator of Physician and Outpatient Services

Participated in the annual **Fruita Parade of Lights** with an Emergency Department themed float to celebrate our average wait time of 5 minutes in 2017!





The mission of the Family Health West Foundation is to provide sustainable funding to ensure the organization's ability to continuously provide low-cost comprehensive healthcare services to our community.

Areas your contributions assist include: Pediatric Rehabilitation projects, Residential Services updates, Mammography assistance, Pain Management awareness, and more.

How to contribute: fhw.org/contribute or call our Foundation Department, at hospital services (970) 858-2170.

28TH ANNUAL RED BARRON BALL

With the support of local businesses and community members, \$155,000 was raised at the 2017 gala to support improvements needed throughout our Family Health West residential services. These improvements enhance our residents' quality of life, and we could not be more thankful for the support we've received to make that possible.



JOIN US THIS YEAR

The Most Dangerously Sophisticated Ball in the Grand Valley

SATURDAY, AUGUST 25, 2018

DoubleTree Hotel / Formal Attire / Featuring the **Dirty Dozen Brass Band**
VIP after party concert with **Hazel Miller** / Get tickets early at fhw.org

Contact Stacey Mascarenas at (970) 858-2170 or email: smascarenas@fhw.org



GO BABY GO!

In partnership with Colorado Mesa University's Society of Women Engineers, our Pediatric Rehabilitation team raised \$3,000 to purchase cars and equipment for six children coping with disabilities. Teams of student engineers adapted these cars to meet the specific needs of each child. The cars are used as tools to develop their skills and, of course, as a fun way to get around with their family and friends.



OLD FOSSIL GOLF TOURNAMENT

In partnership with the Museums of Western Colorado's Dinosaur Journey Museum, the 2017 tournament raised \$33,000. Half of these funds, after expenses, were received by the Family Health West Foundation to support the many areas of need that our foundation assists.



BREAST CANCER AWARENESS FUNDRAISER

Thank you to the Palisade High School Volleyball team for raising funds for breast cancer awareness and donating those funds to support the Family Health West Foundation Mammography Fund. To discuss fundraising opportunities like this, please contact our Foundation Department at (970) 858-2170.





We offer a full-service Critical Access Hospital and a 24/7 level IV Trauma Center Certified Emergency Department, designed to meet the growing healthcare needs of our community.

TRANSITIONAL CARE

In addition to being a full-service hospital and Emergency Department we offer Transitional Care; a patient-centered, quality-driven clinical program for patients that are well enough to leave an acute care setting, but not yet well enough to go home. These patients have specific and often complex medical, nursing or rehabilitative therapy needs, including advanced Respiratory support that cannot be met at home (even with home care) or in many skilled nursing facilities. Call (970) 858-2792 to find out more.



OUTPATIENT SERVICES

ADULT & PEDIATRIC REHABILITATION

Our team of highly skilled physical, occupational and speech therapists bring many years of experience and a variety of specialties to serve you in all stages of rehabilitation.

COLORADO CANYONS HOSPITAL & MEDICAL CENTER

With our CAP Certified Laboratory, Radiology, Surgery and Respiratory Therapy departments, we are sure that we have the means to serve our communities healthcare needs to the fullest.

INFUSION CENTER

Our team at the Infusion Center is dedicated to providing the most advanced infusion and injectable therapies to patients that suffer from autoimmune and inflammatory diseases.

OUTPATIENT PROCEDURE CENTER

Specializing in chronic spinal and neuropathic related pain, our specialists at the Outpatient Procedure Center provide advanced interventional pain procedures to those looking for a non-invasive solution to their pain issues.

WOUND HEALING CENTER

Our providers have years of experience in dealing with chronic wounds. We have a team with extensive training in diabetic foot wounds and provide a comprehensive approach to healing stubborn wounds.



PHYSICIAN SERVICES

ARTHRITIS CENTER OF WESTERN COLORADO

Our rheumatologists evaluate and treat an entire spectrum of more than 100 types of arthritis and related illnesses, while partnering with our Infusion Center on infusion and injectable therapies related to rheumatological conditions.

ATLAS ARCH NEUROSURGERY

When it comes to back or neck pain, you can rest easy knowing that you are in good hands with Atlas Arch Neurosurgery. We offer years of expertise, success and evidence-based research to deliver the best treatment for your neck, spine and nerve problems.

BALANCED ROCK FOOT & ANKLE

We specialize in the comprehensive treatment of foot and ankle injuries and disorders. Our practice incorporates the latest developments in podiatric medicine to ensure that patients receive the most advanced treatment available.

FAMILY HEATH WEST ACCESS CLINIC

Our Access Clinic is staffed by professionals who specialize in family health care, and are trained to diagnose and treat common family illnesses. We offer Osteopathic Manipulative Medicine and low-cost sports physicals.

MONUMENT ORTHOPEDICS & SPORT TRAUMA

Our orthopedic team provides treatments and surgical procedures for adult and pediatric patients who suffer from fractures and sports, acute and degenerative issues.

REDROCK INTEGRATIVE REHABILITATION MEDICINE

A combination of techniques are used to treat pain, reduce disability and improve quality of life. Evidence-based medicine is used to determine appropriate treatment plans and to facilitate a team approach.



RESIDENTIAL SERVICES

Based on the level of assistance required, Family Health West offers several Residential Service options.

COURTYARD CARE CENTER NURSING HOME

For those in need of 24-hour nursing services, Courtyard Care Center offers a range of services including long-term care, respite and hospice services. We deliver high quality, individualized nursing care with compassion to meet the needs of each resident and their families.

Our residents can enjoy both private and semi-private newly remodeled rooms that promote a home-like environment.

THE OAKS ASSISTED LIVING

We deliver 24-hour care within a safe, supportive and life-enriching environment to individuals who don't require the full services of long-term care. Staff help identify and support each resident's passions, ensuring that every day has purpose. Individuals become members of a supportive community – allowing them to thrive and experience life to the fullest.

The Oaks offers 80 private rooms with a bathroom and shower.

THE WILLOWS SECURE ASSISTED LIVING

The Willows is a secured living community that provides a comfortable and safe environment allowing individuals with cognitive challenges, including dementia and Alzheimer's, to move about freely without restrictions. We provide individualized attention to meet resident needs through one-on-one interactions.

The Willows offers 24 large, private rooms with a bathroom and shower.

All of our Residential Services are tobacco free and offer free scheduled transportation and on-site physician ordered physical therapy and laboratory services.

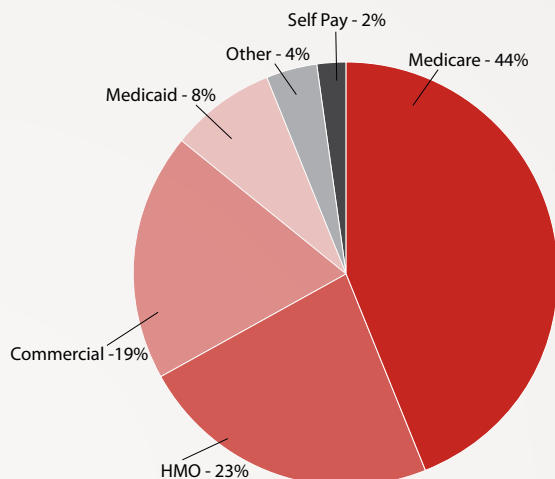
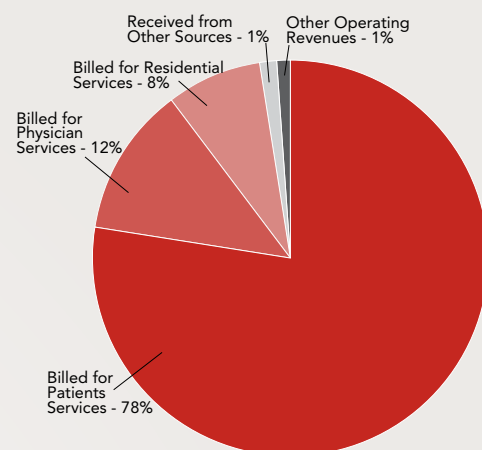
Call us at (970) 858-2140 to schedule your visit.



Youth hula dancing group entertaining residents during our annual Nursing Home Week celebration

2017 ANNUAL GROSS REVENUES

Billed for Patient Services	\$75,885,538
Billed for Physician Services	\$11,723,355
Billed for Residential Services	\$7,783,270
Other Operating Revenues	\$1,248,889
Received from Other Sources	\$948,700
TOTAL REVENUE	\$97,589,752

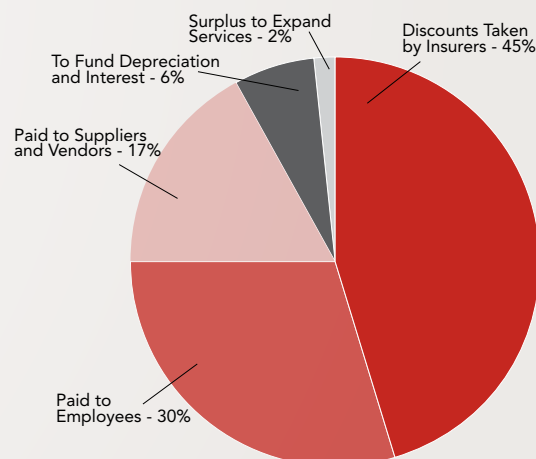


2017 ANNUAL HOSPITAL REVENUE BY PAYER

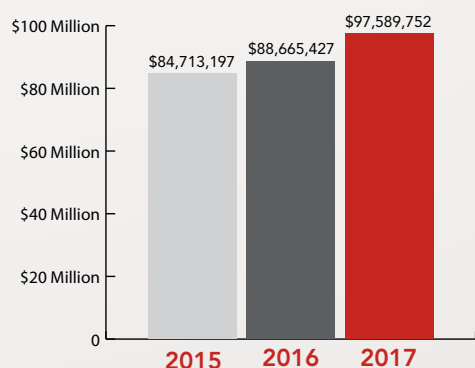
Medicare	\$33,726,615
HMO	\$17,657,426
Commercial	\$14,102,412
Medicaid	\$5,770,071
Other	\$2,873,206
Self-Pay	\$1,755,808
TOTAL REVENUE	\$78,885,538

2017 ANNUAL USE OF REVENUES

Discounts taken by Insurers	\$44,368,344
Paid to Employees	\$28,990,313
Paid to Suppliers and Vendors	\$16,461,865
To Fund Depreciation and Interest	\$6,163,926
Surplus to Expand Services	\$1,605,304
TOTAL USES	\$97,589,752



3 YEAR TREND:



SUMMARY METRICS:

Physical, Occupational and Speech Therapy.....	76,180
Lab Tests.....	61,787
Imaging Exams.....	15,267
Outpatient Procedures.....	6,489
Emergency Room Visits.....	4,962
Inpatient Procedures.....	4,286
Patient Days.....	4,249
Surgeries.....	1,151
Residential Beds.....	156



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